



BEAR RIVER AREA AGENCY ON AGING

SENIOR RESOURCE GUIDE

Community Services

Serving Box Elder, Cache, & Rich

AARP Utah

6975 Union Park Center, Suite 320
Midvale UT 84047

Phone: (866) 448-3616
Web: www.aarp.org/states/ut

Bear River Association of Governments

170 North Main
Logan UT 84321

Phone: (435) 752-7242
Web: www.brag.utah.gov

Programs: Weatherization, HEAT, HUD Housing Authority, Aging Services, Northern Utah Alzheimer's Association, Community and Economic Development, Human Services. Toll Free: 1(877)772-7242

Division of Aging & Adult Services

120 North 200 West, Room 325
Salt Lake City UT 84103

Phone: (801) 538-3910
Web: www.hsdaas.utah.gov

Do Not Call Registry

UT

Phone: (888) 382-1222
Web: www.donotcall.gov

TTY 866-290-4236

Elder Care Locator

UT

Phone: (800) 677-1116
Web: www.eldercare.gov

Nationwide directory assistance service designed to help individuals locate local support resources for seniors.

Options for Independence

1095 North Main
Logan UT 84341

Phone: (435) 753-5353
Web: www.optionsind.org

Help for disabled individuals with securing medical equipment, support services, training for independent living skills, hearing and vision resources. Toll Free: 1(800)753-2344

Serving Box Elder County

Bear River Association of Governments

2535 South Hwy 89
Perry UT 84302

Phone: (435) 723-1111
Web: www.brag.utah.gov

Programs: Weatherization, HEAT, HUD Housing Authority, Aging Services, Northern Utah Alzheimer's Association, Community and Economic Development, Human Services. Toll Free: 1(877)772-7242



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Box Elder County - 4H Extension Office

195 West 1100 South
Brigham City UT 84302

Phone: (435) 734-9945

Web: www.brighamcity.usu.edu

Individual counseling sessions and community classes on finances and nutrition offered. Group presentations available upon request.

Northwester Band of the Shoshone Nation

707 North Main Street
Brigham City UT 84302

Phone: (435) 734-2286

Web:

Must live in Box Elder County and be a tribal member of a federally recognized tribe to be eligible for services. Monthly education events, housing and medical assistance.

Options for Independence

1080 North Main, Suite 105A
Brigham City UT 84302

Phone: (435) 723-2171

Web: www.optionsind.org

Help for disabled individuals with securing medical equipment, support services, training for independent living, hearing and vision resources. Toll Free: 1(800)753-2344

Red Cross of Northern Utah

2955 Harrison
Ogden UT 84403

Phone: (801) 627-0000

Web: www.utahredcross.org

Assistance with "past due" bills for Rocky Mountain Power and Questar bills if at least age 60 or disabled.

Serving Cache County

Bear River Association of Governments

170 North Main
Logan UT 84321

Phone: (435) 752-7242

Web: www.brag.utah.gov

Resources for low income adults and senior services. Toll Free: 1(877)772-7242

Cache 2-1-1

442 North 175 East (inside Smith's)
Logan UT 84321

Phone: (435) 752-3103

Web:

Dial 2-1-1 for information and referral on health and human services questions and needs.

Cache County Extension

179 North Main Street, Room 211
Logan UT 84321

Phone: (435) 752-6263

Web: www.extension.usu.edu/cache

Individual counseling sessions and community classes on finances and nutrition offered. Group presentations available upon request.

English Language Center

106 East 1120 North, Suite A
Logan UT 84341

Phone: (435) 750-6534

Web: www.elc-cv.com

English language and U.S. citizenship classes taught.



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Multicultural Center of Cache Valley

290 North 400 East

Logan

UT

84321

Phone: (435) 753-8486

Web:

Red Cross of Cache County

130 South Main Street, Suite 120

Logan

UT

84321

Phone: (435) 752-1125

Web: www.utahredcross.org

Assist once with "past due" bills only once per year for Rocky Mountain Power and Questar bills if at least age 60 or disabled. Program also referred to as "Lend a Hand."

USU Family Life Center

493 North 700 East

Logan

UT

84322

Phone: (435) 797-7224

Web: www.usu.edu/fchd/nfc.dfm

Education on home ownership and managing finances.

Serving Rich County

Bear River Association of Governments

170 North Main

Logan

UT

84321

Phone: (435) 752-7242

Web: www.brag.utah.gov

Programs: Weatherization, HEAT, HUD Housing Authority, Aging Services, Northern Utah Alzheimer's Association, Community and Economic Development, Human Services. Toll Free: 1(877)772-7242
